* + - [**Playing games**](https://www.thinkuknow.co.uk/parents/Primary/Growing-up-online/Playing-Games/)
    - [**Making friends**](https://www.thinkuknow.co.uk/parents/Primary/Growing-up-online/Making-Friends/)
    - [**Chatting**](https://www.thinkuknow.co.uk/parents/Primary/Growing-up-online/Chatting/)
    - [**Sharing**](https://www.thinkuknow.co.uk/parents/Primary/Growing-up-online/Sharing/)
    - [**Searching**](https://www.thinkuknow.co.uk/parents/Primary/Growing-up-online/Searching/)
    - [**Mobile**](https://www.thinkuknow.co.uk/parents/Primary/Growing-up-online/Mobile/)

**Cyberbullying**

Cyberbullying is bullying that takes place via technology. Whether on gaming sites, through a mobile device or via a social networking site, the effects can be devastating for the young people involved.

<https://www.thinkuknow.co.uk/parents/Primary/Risks/Cyberbullying/>

With online technologies accessible 24 hours a day, cyberbullying can be relentless. It can also intrude on spaces that were previously personal, for example, at home; it can feel that there is no escape from it.

Holy Trinity recently carried out a survey with our Primary 5 to Primary 7 children about their social networking activities. They chat, share photos, post videos, stay in touch and share personal news, play games, plan get-togethers, send birthday and holiday wishes etc.

We were very surprised at the number of children who had Facebook, Instagram, Snapchat etc. Many of the children did not have their settings Private. This is extremely worrying as anyone can go online then and look at their information.

Most of these sites have an age restriction- users must be over 13. Facebook provides safety and privacy features and education for its users. Parents would benefit from visiting Facebook’s Safety Center, a comprehensive resource for all Facebook users with special areas for teens, parents, educators, and law enforcement. <https://en-gb.facebook.com/safety/>

Instagram Privacy and Safety Tips <https://fbcdn-dragon-a.akamaihd.net/hphotos-ak-xap1/t39.2365-6/851591_741973925829904_962165958_n.pdf>

<http://www.vodafone.com/content/parents.html/>