

# school food

*try something new today*

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Fish Fingers Peas/sweetcorn Chips/ Potato  Flake meal Biscuit Raspberry Milkshake	Pasta Bolognaise Seasonal Salad Mixed vegetables Oven Roast Potato  Fruit Sponge & Custard	Oven baked pork sausages Baked Beans Mash Potatoes  Creamed Rice pudding Pears	Roast Chicken Stuffing Carrot/broccoli/Gravy Mashed Potato  Strawberry Jelly & Fruit	Vegetable Soup Chicken Burger & Bap Coleslaw/Salad  Frozen Strawberry Mousse or Fresh Fruit
Week Two	Oven Baked Sausages Baked Beans Chips  Ice Cream Chocolate Sauce	Mild Chicken Curry Boiled Rice & Naan Bread Sweetcorn Roast Potatoes  Chocolate sponge & Custard	Roast Gammon/Gravy Cabbage Mashed Potato  Fruit Muffin Milk or Fresh Fruit	Savory Mince Beef Carrots/Parsnips Mashed Potatoes  Yoghurt & Fresh Fruit	Cod Fish Fingers Peas Gravy Potatoes  Shortbread Biscuits Strawberry milkshake
Week Three	Whiting fillet in a Crumb coating Baked Beans Chips  Arctic Sponge Roll And fresh fruit	Chicken Fillets Gravy Carrot/sweetcorn Mashed Potatoes  Raspberry Jelly Fruit Cocktail	Pasta Bolognaise Mixed Vegetable Oven Roast Potatoes  Creamed Rice Pudding Mandarin Oranges	Roast Beef/Stuffing Gravy Broccoli Mashed Potato  Jam & coconut Sponge Custard	Vegetable & Chicken Soup Hotdogs Salad/Coleslaw  Frozen Mousse & Fruit
Week Four	Chicken Nuggets Baked Beans Chips Or Jacket Potato Selection of Yoghurt Fresh fruit	Beef Burger & Gravy Carrots Mashed Potatoes Baguettes  Date Fudge Custard	Mince Beef OR Lasagna/Coleslaw  Garden Peas Mashed Potato  Chocolate Sponge Custard	Roast Turkey/Stuffing Carrots/Broccoli Gravy Mashed Potatoes  Vanilla Ice Cream Pears Chocolate Sauce	Fish Fillet Shapes Sweetcorn/Gravy Mashed Potato  Flake Meal Biscuit Strawberry Milkshake

